



### **Mission Statement**

We are called to search for wounded 'sheep'.  
To experience with them, the healing power of the Cross,  
So that they can be delivered from darkness.  
And finally to live out the fullness of life in Christ.

### **Rapha Foundation Ltd**

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### **Rapha Foundation Ltd**

This foundation is named Rapha after Jehovah Rapha, the God of healing!

### **Beliefs of Rapha Foundation**

Rapha Foundation believes that, through combined resources from various disciplines, integrated healing can be brought to individuals suffering from emotional distress. More importantly, we believe that God's healing stems from the church communities, through which plays an important role in the healing process. In addition, professional analysis, and guidance of counselors/ therapists, as well as the practice of spiritual discipline and support from cell groups are important factors to facilitate the healing process as well as providing crucial support and encouragement to the individuals. Rapha Foundation aims to explore the

integration of Christianity with psychological healing through the actual practice.

### **Financial support to individuals requiring professional counseling/ psychotherapy**

The Foundation aims at helping individuals who suffer from emotional distress, and requiring professional counseling/psychotherapy, but is unable to do so due to financial difficulties; the church and other psychological/counseling organizations alone may not have sufficient resources to support this group of individuals. Thus in this program, counseling/therapy costs will be shared between the Foundation, the church, the client and the therapist. As such the church plays an important role in the holistic healing process in providing spiritual, financial and psychological support to the emotionally distressed, as it is vital to experience the healing power of God through the body of Christ. Therefore the Foundation is collaborating with various churches on providing for these needs.

### **Supplementary Courses**

The Wholeness in Healing series is developed based on the theories of psychology, the way how God's healing and spiritual renewal through the ages are experienced, as well as Biblical teachings. Its aim is to help people understand themselves, people, and God better, and to be able to live out the richness of life in Christ. This series of course consists of three books including: 《Emotion Quartet – Walking Through the Four Basic Emotion in Life》、《Journey in the Wilderness – Transformation of Emotion in Life》、《Life-transformed Healing – Walking Through Emotional Moments with Jesus》. Rapha Foundation has jointly organized these courses with the following churches.

Level I: Emotion Quartet – Walking Through the Four Basic Emotion in Life

2007 May North Point Alliance Church

2007 November E.F.C.C. Kong Fok Church

2008 May MongKok Baptist Church

Level II: Journey in the Wilderness – Transformation of Emotion in Life

2007 September North Point Alliance Church

2008 March E.F.C.C. Kong Fok Church

2008 October MongKok Baptist Church  
Level III: Life-transformed Healing – Walking Through Emotional Moments with Jesus  
2008 September E.F.C.C. Kong Fok Church

### **Prayer Meetings**

Rapha Foundation is God's ministry; He is the wonderful Counselor who has orchestrated the vision, mission, beliefs and operation of the Foundation. Therefore praying for God's guidance is vital to the ministry. Rapha Foundation devotes a lot of attention to its monthly prayer meeting, through worship and prayers it is hoped to practice faith and to continue to serve according to His will. In addition, we also pray for brothers and sisters, who are emotionally troubled and psychologically wounded hoping that they will experience God's healing power, and to practice prayers of faith and to listen to the guidance of the Holy Spirit. We sincerely invite you to participate in our monthly prayer meeting (scheduled on the last Sunday of every month), to pray together for the needs of Rapha Foundation, and to offer prayers of thanksgiving after witnessing the amazing work of God. You are also invited to log onto the Foundation's website to share your prayer requests and join the 24-7 prayers network.

### **Music Worship**

Rapha Foundation believes that worship and praise is a good remedy to psychological healing and a source of strength. We hope to produce suitable worship songs for emotionally troubled brothers and sisters; to help them express their inner struggles through the lyrics and leading them into prayers, as well as letting the Biblical truth enters their hearts to strengthen their faith in God.

### **A platform for dialogue and integration**

The Holistic Healing Pre-conference was organized in May 2008 and the Annual Conference will be held in September 2008. The theme of the conference is 'Softening the hardened hearts: from brokenness to healing, from forgiveness to unity.' Its aim is to provide a platform to exchange ideas on theology, psychology and spiritual disciplines, to explore strategies and countermeasures as to how to develop a comprehensive holistic healing concept,

and to serve individuals and their families in crisis through the joint effort of the different healing ministries. The foundation hopes that in future this platform can be extended to China and Southeast Asia, to invite professionals, and brothers and sisters from these areas to participate.

### Group Leaders Training

Rapha Foundation hopes to have extensive connections and collaboration with churches, to understand the specific needs of churches in the area of caring and counseling, to offer suitable training courses to equip pastoral workers and caring leaders, to help churches to train suitable group leaders for running the supplementary courses so that more brothers and sisters can join, and to train more 'caring companions' for individuals in need.

### Building up a Caring Communities

Rapha Foundation hopes that through workshops, group sharing and prayer groups, emotionally distressed individuals are able to find caring companions to support and encourage each other in the process of their personal growth, and can become other's caring companions in the future.

### Serving China

We have a vision to serve the emotionally distressed individuals in China. We hope that the Foundation's supplementary courses can be extended to China to help those in need. The aftermath of the Sichuan earthquake in May this year saw victims who are deeply wounded psychologically. Rapha Foundation has organized a 'Post-disaster Emotional Management Training Program' for severely affected areas of Sichuan. This program will last between 3 and 5 years, and will be offered to pastoral workers and brothers and sisters of churches in various cities of Sichuan. The program consists of a 3-stage psychological and spiritual training course in order to help them manage their emotions, to allow for deeper spiritual growth, and to build a closer relationship with God so that they can share the good news and comfort into people's lives. We also aim to train suitable group leaders so they can continue to run and lead training programs in other cities.

### Volunteers

We believe that Jehovah's healing is free of charge: 'freely receive freely give'. Having received His grace, we would like to share what we have gained to help others in need, and to experience the healing power of God through our ministry – to learn to let go of ourselves, to accept each other, to be truthful to each other, and to practice 'unity in Christ.'

**Please fill in the response form below and send back to us**

#### I am willing to

- be an intercessor for the ministry of Rapha Foundation
- become a volunteer for Rapha Foundation
- receive information on courses organized by Rapha Foundation
- to provide a one-off offering with crossed cheque/ HKD bank draft \$\_\_\_\_\_ (payable to Rapha Foundation Ltd.)

#### Personal Information

Name : \_\_\_\_\_(English) \_\_\_\_\_ (Chinese)

(Church/Pastor/Preacher/Mr./Ms.)

Age :  Below15  16-30  31-45  46 or above46

Telephone : (Day)\_\_\_\_\_ (Night) \_\_\_\_\_

Occupation : \_\_\_\_\_

Church Affiliation : \_\_\_\_\_

Correspondence Address: \_\_\_\_\_

Email : \_\_\_\_\_

Fax : \_\_\_\_\_ (Please give a fax number for contact if no email address is provided)

*'See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland.'*

*Isaiah 43:19*

### Level I Emotions Quartet Participants' Testimonies

This course has not only helped me to understand what has deeply troubled me emotionally, it has also enabled me to understand the difficulties of those who have troubled me, hence this understanding has improved my interpersonal pattern.

Through participating in this course with my daughter, we have now a new common language and it has become easier for us to share our feelings.

I invited Jesus into the conflict between a good friend and I. He stepped in and has become a bridge between us. I was so touched with tears at that moment. The honest sharing of group members let me realize 'emotions' have a huge impact on us. If it is not managed properly, one would fall into an abyss. This course has provided me a reminder.

### Level II Journey in the Desert Participants' Testimonies

My weakness has witnessed the presence of God: my sharing on my weakness, my lack of direction and motivation has encouraged others to share their internal struggles within the group, to use our weaknesses to testify the grace of God. *Wai*

I'm very thankful that I can participate in this course. I used to think that I know myself very well; however, after joining this course I realized I am only starting to slowly learn what it means by understanding myself. *Angela*

It has helped me to walk His way in greater faith, to gain victory over what I used to fear in the past with this faith from God. *Cally*

As we have to finished the course textbook before attending the level II course, I have developed a more disciplined and enjoyable devotional practice. I have also experienced the joy of being honest with God, this is the breakthrough in my 11 years of being a Christian. *JN*

*He said, "If you listen carefully to the voice of the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you."*  
*Exodus 15:26*